

Health Professionals CE Accredited For RNs, Dietitians and Pharmacists

HANDs on Health Symposium

Cal Poly Campus October 30th, 2009

FREE EVENT!

Suzanne Michaud

“All About Body Mass Index (BMI) and Why it is Important”

TIME: Friday October 30th, 2009 9:00-10:00am

LOCATION: Harman Hall Cal Poly Performing Arts Center

Steven Malcolm Berg-Smith

“Counseling for Quick Behavior Change Across the Health Professions”

TIME: Friday October 30th, 2009 2:00-6:00pm

LOCATION: Harman Hall Cal Poly Performing Arts Center

OBJECTIVES:

- List the key elements of motivation enhancing interpersonal style
- Observe and debrief a real play demonstration of Motivational Interviewing
- Practice Interpersonal style and key communication skills for evoking intrinsic motivation for healthy behavior change
- Identify three motivation-enhancing strategies to integrate into clinical practice

ACCREDITATION:

Physicians: French Hospital is accredited by the *California Medical Association* to provide CE education to physicians. “Counseling for Quick Behavior Change” earns a maximum of 4 hours of *AMA PRA category 1* Credit.

Nurses: provider approved by the *California Board of Registered Nursing*, Provider Number 14213 for for 1 contact hour for “All About Body Mass Index” and 4 contact hours for “Counseling for Quick Behavior Change.”

Dietitians: provider approved by the *American Dietetic Association* for 1 contact hour for “All About Body Mass Index” and 4 contact hours for “Counseling for Quick Behavior Change.”

Pharmacists: provider approved by the *Pharmacy Association* for 1 contact hour for “All About Body Mass Index” and 4 contact hours for “Counseling for Quick Behavior Change.”

For more information contact:

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no RSVP necessary



for more about HANDs on Health
visit www.cope.calpoly.edu